ENROLLING NOW

Level 3 Award in First Aid at Work

VTCT Skills Level 3 Award in First Aid at Work · Ofqual 603/2381/4 · VTCT code FA3A1 · VTCT Skills

To enable learners to develop the knowledge and practical competences required to deal with a range of workplace first aid situations, including injuries and major illnesses, and to act safely, promptly and effectively as a recognised First Aider in the workplace.

IN THE TRAINING ROOM	GUIDED LEARNING	COURSE FEE
3 days	18 hours	Ask admissions

What the course includes

3 days in our training room. The plan comes from our scheme of work for this qualification.

3 days in the training room

Day 1

09:00–17:00

Classroom day

09:00–10:45	Course Induction
10:45–12:30	Role of the First Aider and Assessing an Incident (UFA1)
12:30–13:30	Lunch
13:30–15:15	Unresponsive Casualty (UFA1)
15:15–17:00	CPR, AED and Choking (UFA1)

On the day

- Course induction and VTCT Skills registration
- First aid legislation: Health and Safety (First Aid) Regulations 1981
- Negotiate classroom rules
- Roles and responsibilities of an emergency first aider
- Consent, recording incidents and reporting (RIDDOR)
- Minimising the risk of infection: gloves, hand hygiene, disposal of waste
- Contents of a workplace first aid kit
- Assessing an incident: scene safety and dangers
- Primary survey (DRABC) and calling the emergency services
- Checking response, opening the airway and checking breathing
- Casualty who is breathing normally: recovery position
- Monitoring the casualty until help arrives
- Casualty having a seizure: recognition and first aid
- Casualty who is not breathing normally: chain of survival
- Cardiopulmonary resuscitation (CPR) on an adult manikin
- Safe use of an AED
- Casualty who is choking: mild and severe airway obstruction
- Back blows and abdominal thrusts

Day 2

09:00–17:00

Classroom day

09:00–10:45	Bleeding, Shock and Minor Injuries (UFA1)
10:45–12:30	Secondary Survey and Musculoskeletal Injuries (UFA2)
12:30–13:30	Lunch
13:30–15:15	Head, Spinal and Chest Injuries (UFA2)
15:15–17:00	Burns, Scalds, Eye Injuries and Poisoning (UFA2)

On the day

- Types of wound and external bleeding: direct pressure, dressings and bandaging
- Recognising and managing shock
- Minor injuries: small cuts, grazes, bruises and splinters
- Minor burns and scalds
- Practical scenarios combining several casualties
- Conducting a secondary survey: head-to-toe check and history (SAMPLE)
- Fractures: open and closed, signs and symptoms
- Dislocations, sprains and strains
- Supporting injuries with slings and improvised support
- Head injuries: concussion, compression and skull fracture
- Suspected spinal injury: manual in-line stabilisation
- Chest injuries: flail chest and penetrating wounds
- Monitoring the casualty and handing over to the emergency services
- Burns and scalds: types, severity and cooling
- Chemical and electrical burns
- Eye injuries: dust, chemicals and embedded objects
- Sudden poisoning: ingested, inhaled, absorbed and injected
- Sources of information and safety data sheets

Day 3

09:00–12:30

Classroom day

09:00–10:45	Anaphylaxis and Major Illness (UFA2)
10:45–12:30	Practical assessment (UFA1, UFA2)

On the day

- Recognising anaphylaxis and using an adrenaline auto-injector
- Heart attack and angina
- Stroke (FAST)
- Asthma attack
- Diabetic emergencies: hypoglycaemia and hyperglycaemia
- Epilepsy and seizures
- Revision and practice of all first aid skills
- Practical assessment UFA1 (simulation): CPR, recovery position, choking, bleeding and shock
- Practical assessment UFA2 (simulation): secondary survey, injuries and major illness scenarios
- Completion of portfolio
- Student evaluation
- Tutor evaluation

Equipment	CPR manikins, AED trainer, first aid kits, bandages and dressings, auto-injector trainer.
Safety	Learners to use resuscitation manikins and training equipment in line with manufacturer guidance. Manikins to be cleaned and face shields or hygiene wipes used between learners. Gloves to be worn for all bleeding, burns and wound-care practice. Only trainer auto-injectors to be used. Learners to carry out a risk assessment of the training area before practical activities.

Units and assessment

2 units

UFA1	Role of the First Aider and Assessing an Incident
UFA2	Secondary Survey and Musculoskeletal Injuries

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform

Towards your certificate

- Practical observations/assessments
- Portfolio of evidence

No external examination. The qualification is awarded on your portfolio and observed assessments.

Before you start, and what comes next

Learners must be 18 or over to enrol (KCLINICS Academy policy); there are no formal entry requirements.

Level 3: Advanced therapist level, the same level as an A level.

Also at Level 3	Level 3 Award in Emergency First Aid at Work; Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis
Leads to	A safety qualification asked for before advanced aesthetic and injectable courses

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page: kclinics.co.uk/academy/courses/level-3-award-in-first-aid-at-work-fa3a1
Call admissions: 020 8050 0750
Email: support@kclinics.co.uk
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