ENROLLING NOW

Level 3 Certificate in Access to Aesthetic Therapies

VTCT Skills (ITEC) Level 3 Certificate in Access to Aesthetic Therapies · Ofqual 610/2399/1 · VTCT code BT3C10 · VTCT Skills (ITEC)

To provide learners with the underpinning knowledge and practical skills in health and safety, skin analysis, facial skincare, consultation, anatomy, physiology, pathology and electrical science required to progress onto Level 4 and above aesthetic therapies.

THEORY Online, at your own pace	IN THE CLINIC 3 practical days	COURSE PLAN 13 online modules
GUIDED LEARNING 200 hours	COURSE FEE Ask admissions	

What the course includes

13 online modules on the KCLINICS Academy platform, studied at your own pace, then 3 practical days in the clinic. The plan comes from our scheme of work for this qualification.

Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

01 Course induction

- Course induction including icebreakers
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- VTCT Skills registration
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

02 Maintain health and safety in the salon

UBT289

- Health & Safety legislation
- Hazards and risk assessment
- Infection control and sterilisation
- Fire and emergency procedures

Includes an online lesson, PDF learning material, video demonstrations and written homework.

03 Consultation and client care

UBT286

- Communication and consultation techniques
- Contra-indications and referral
- Record keeping and data protection
- Aftercare and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

04 Skin analysis and facial skincare

UBT285

- Skin structure and function
- Skin types and conditions
- Skin analysis

Includes an online lesson, PDF learning material, video demonstrations and written homework.

05 Cleansing, exfoliating, toning and moisturising

- Product selection

Includes an online lesson, PDF learning material, video demonstrations and written homework.

06 Steaming and extraction

- Selecting, mixing and applying face masques
- Facial massage

Includes an online lesson, PDF learning material, video demonstrations and written homework.

07 Full facial skincare treatment

- Aftercare & home care advice
- Starting the treatment evidence portfolio

Includes an online lesson, PDF learning material, video demonstrations and written homework.

08 Electrical science

UBT288

- Principles of electricity
- Atoms and ions
- Electrical units and currents

Includes an online lesson, PDF learning material, video demonstrations and written homework.

09 Electrical safety

- Storage and care of equipment
- Effects of electrical currents on the skin

Includes an online lesson, PDF learning material, video demonstrations and written homework.

10 Anatomy, physiology and pathology

UBT287

- Cells and tissues
- Skeletal, muscular and integumentary systems
- Pathology of the skin

Includes an online lesson, PDF learning material, video demonstrations and written homework.

11 Cardiovascular, lymphatic, respiratory and nervous systems

Includes an online lesson, PDF learning material, video demonstrations and written homework.

12 Endocrine, digestive, urinary and reproductive systems

- Pathologies of the body systems

Includes an online lesson, PDF learning material, video demonstrations and written homework.

13 Revision

- All units

Includes an online lesson, PDF learning material, video demonstrations and written homework.

3 practical days in the clinic

09:00 to 18:00, lunch 13:00 to 14:00

Day 1 — 09:00–18:00

Open salon day

09:00–09:15	Briefing, health and safety check, assessment plan
09:15–10:00	Tutor demonstration on a client
10:00–13:00	Supervised treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Tutor demonstration on a client
- Facial skincare treatments on clients
- Case studies and treatment records

Day 2 — 09:00–18:00

Open salon day

09:00–09:15	Briefing and progress review
09:15–13:00	Treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Facial skincare treatments on clients
- Covering all treatment areas and ranges
- Case studies and treatment records

Day 3 — 09:00–18:00

Open salon day

09:00–09:15	Briefing
09:15–13:00	Treatments on clients (summative assessments)
13:00–14:00	Lunch
14:00–14:30	Portfolio check and sign-off by the tutor and assessor
14:30–17:30	VTCT Skills examinations under controlled conditions (durations set by VTCT Skills)
17:30–18:00	Student and tutor evaluation

On the day

- Facial skincare treatments on clients
- Portfolio check by the tutor and assessor
- UBT287 Anatomy, Physiology & Pathology
- BT3C10.EX1 (UBT285, UBT286, UBT288, UBT289)
- Student evaluation
- Tutor evaluation

Equipment	Fully equipped treatment room and couches, treatment equipment and products, PPE, consultation and consent forms, treatment records, camera for before and after photographs.
Safety	Learners to wear PPE as required by industry code of practice. Learners to carry out risk assessments for heat and potential damage. Gloves to be worn for all treatments with exposure to bodily fluids.

Units and assessment

5 units

UBT289	Maintain health and safety in the salon
UBT286	Consultation and client care
UBT285	Skin analysis and facial skincare
UBT288	Electrical science
UBT287	Anatomy, physiology and pathology

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform
- Case studies and practical observation in the open salon

Towards your certificate

- Practical observations/assessments
- Portfolio of evidence
- Theory examination UBT287 Anatomy, Physiology & Pathology
- Theory examination BT3C10.EX1 (UBT285, UBT286, UBT288, UBT289)

Before you start, and what comes next

Learners must be 18 or over to enrol (KCLINICS Academy policy).

Level 3: Advanced therapist level, the same level as an A level.

Before this course	Level 2 NVQ Diploma in Beauty Therapy General; Level 2 Award in Facial Massage and Skin Care
After this course	Level 4 Award in Core of Knowledge for Laser and Light Devices; Level 4 Certificate in Laser and Intense Pulsed Light (IPL) Treatments; Level 4 Certificate in Hair Reduction and Skin Rejuvenation using LASER and Intense Pulsed Light Systems; Level 4 Award in Laser and Light Treatments for Hair Reduction; Level 4 Award in Laser and Light Treatments for Skin Rejuvenation; Level 4 Certificate in Skin Rejuvenation Treatments using Intense Pulsed Light (IPL) Systems
Leads to	Laser and IPL practitioner in a salon or clinic, or in your own business

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).

- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page: kclinics.co.uk/academy/courses/level-3-certificate-in-access-to-aesthetic-therapies-bt3c10
Call admissions: 020 8050 0750
Email: support@kclinics.co.uk
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