ENROLLING NOW

Level 4 Award in High Intensity Focused Ultrasound (HIFU)

VTCT Skills (ITEC) Level 4 Award in High Intensity Focused Ultrasound (HIFU) · Ofqual 610/2394/2 · VTCT code BT4A13 · VTCT Skills (ITEC)

To prepare Level 3 qualified practitioners to safely and professionally carry out High Intensity Focused Ultrasound (HIFU) treatments, including consultation, aftercare and home care advice, for employment or self-employment in the beauty aesthetic industry.

THEORY Online, at your own pace	IN THE CLINIC 2 practical days	COURSE PLAN 6 online modules
GUIDED LEARNING 21 hours	COURSE FEE Ask admissions	

What the course includes

6 online modules on the KCLINICS Academy platform, studied at your own pace, then 2 practical days in the clinic. The plan comes from our scheme of work for this qualification.

Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

01 Course induction — UBT448

- Course induction and VTCT Skills registration
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

02 Health and safety — UBT448

- Legislation and regulations for HIFU
- Infection control and hygiene
- Risk assessment and insurance
- Equipment safety and maintenance

Includes an online lesson, PDF learning material, video demonstrations and written homework.

03 HIFU theory — UBT448

- History and development of HIFU
- Principles of ultrasound and HIFU
- Skin and facial tissue layers (including SMAS)
- Benefits and effects of HIFU
- Contra-indications and contra-actions

Includes an online lesson, PDF learning material, video demonstrations and written homework.

04 HIFU theory: anatomy and skin response — UBT448

- Anatomy of the face and body for HIFU
- Muscles, fat layers, nerves and danger zones
- Collagen, skin ageing and the healing process
- Treatment areas, expected results and treatment intervals

Includes an online lesson, PDF learning material, video demonstrations and written homework.

05 Consultation and preparation — UBT448

- Consultation, skin assessment and sensitivity tests
- Pain management and topical anaesthetic options
- Informed consent, cooling off period and photographs
- Mapping a treatment grid

Includes an online lesson, PDF learning material and written homework.

06 HIFU treatment — UBT448

- Selecting and preparing transducers and cartridges
- HIFU treatment techniques
- Monitoring the client (1–10 pain scale)
- Aftercare and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

2 practical days in the clinic

09:00 to 18:00, lunch 13:00 to 14:00

Day 1 — 09:00–18:00

Open salon day

09:00–09:15	Briefing, health and safety check, assessment plan
09:15–10:00	Tutor demonstration on a client
10:00–13:00	Supervised treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Tutor demonstration on a client
- HIFU treatments on clients
- Case studies and treatment records

Day 2 — 09:00–18:00

Open salon day

09:00–09:15	Briefing
09:15–13:00	Treatments on clients (summative assessments)
13:00–14:00	Lunch
14:00–14:30	Portfolio check and sign-off by the tutor and assessor
14:30–17:30	VTCT Skills examinations under controlled conditions (durations set by VTCT Skills)
17:30–18:00	Student and tutor evaluation

On the day

- HIFU treatments on clients
- Portfolio check by the tutor and assessor
- Practical examination BT4A13.PE1 on a real client
- Theory examination UBT448
- Student evaluation
- Tutor evaluation

Equipment	Fully equipped treatment room and couches, ultrasound/HIFU equipment, gels, PPE, consultation and consent forms, treatment records, camera for before and after photographs.
Safety	Learners to wear PPE as required by industry code of practice. Learners to carry out risk assessments for heat and potential damage. Gloves to be worn for all treatments with exposure to bodily fluids. All HIFU equipment to be checked before use and maintained in line with manufacturer guidance.

Units and assessment

1 unit

UBT448	Enhance Appearance Using High Intensity Focused Ultrasound (HIFU)

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform
- Case studies and practical observation in the open salon

Towards your certificate

- Practical observations/assessments
- Case studies
- Portfolio of evidence
- Practical examination BT4A13.PE1 on a real client
- Theory examination UBT448

Before you start, and what comes next

Learners must be 18 or over to enrol and hold a Level 3 qualification in beauty therapy or an Access to Aesthetics qualification or equivalent.

Level 4: Specialist practitioner level, the same level as the first year of a degree.

Before this course	Level 3 Certificate in Access to Aesthetic Therapies; Level 3 NVQ Diploma in Beauty Therapy Massage
Also at Level 4	Level 4 Award in Radio Frequency; Level 4 Certificate in Radio Frequency; Level 4 Certificate in Ultrasound
Leads to	Aesthetic practitioner offering radio frequency, HIFU and other energy-based treatments

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page: kclinics.co.uk/academy/courses/level-4-award-in-high-intensity-focused-ultrasound-hifu-bt4a13
Call admissions: 020 8050 0750
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