ENROLLING NOW

Level 4 Award in Laser and Light Treatments for Skin Rejuvenation

VTCT Skills Level 4 Award in Laser and Light Treatments for Skin Rejuvenation · Ofqual 600/4911/X · VTCT code AB40395 · VTCT Skills

To prepare practitioners to safely and professionally carry out skin rejuvenation treatments using laser and intense pulsed light systems, including consultation, skin analysis, patch testing and aftercare, for employment or self-employment in the advanced aesthetic industry.

THEORY Online, at your own pace	IN THE CLINIC 2 practical days	COURSE PLAN 8 online modules
GUIDED LEARNING 74 hours	COURSE FEE Ask admissions	

What the course includes

8 online modules on the KCLINICS Academy platform, studied at your own pace, then 2 practical days in the clinic. The plan comes from our scheme of work for this qualification.

Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

01 Course induction

- Course induction and VTCT Skills registration
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

02 Health and safety

UV40414

- Legislation, regulations and local rules
- Laser protection adviser and laser controlled area
- Protective eyewear, fire precautions and signage
- Risk assessment and insurance

Includes an online lesson, PDF learning material, video demonstrations and written homework.

03 Laser and light theory

UV40414

- History and development of laser and IPL skin rejuvenation
- Principles of electrical currents and basic electricity
- Laser and intense pulsed light systems
- Wavelength, fluence, pulse duration, spot size and cooling

Includes an online lesson, PDF learning material, video demonstrations and written homework.

04 Laser and light theory: skin

UV40414

- Structure and functions of the skin and skin healing
- Photo-ageing, fine lines and pigmentation
- Telangiectasia, spider naevi and Campbell de Morgan spots
- Circulatory and lymphatic systems

Includes an online lesson, PDF learning material and written homework.

05 Skin types and contra-indications

UV40414

- Fitzpatrick scale and the risks of inaccurate skin typing
- Skin types, conditions, diseases and disorders
- Contra-indications and contra-actions

Includes an online lesson, PDF learning material, video demonstrations and written homework.

06 Consultation and preparation

UV40414

- Consultation techniques: questioning, visual, manual and records
- Informed consent, medical history and photographs
- Skin analysis and patch tests
- Treatment plan and intervals

Includes an online lesson, PDF learning material and written homework.

07 Laser and light treatment, part 1 of 2

UV40414

- Selecting equipment and treatment parameters
- Treating fine lines, pigmentation and uneven skin tone
- Treating superficial telangiectasia and blood spots
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

08 Laser and light treatment, part 2 of 2

UV40414

- Treating photo-aged skin on the chest and hands
- Treating other body areas with suitable lesions
- Adapting the treatment to the client
- Evaluating results and skin recovery time

Includes an online lesson, PDF learning material and written homework.

2 practical days in the clinic

09:00 to 18:00, lunch 13:00 to 14:00

Day 1

09:00–18:00

Open salon day

09:00–09:15	Briefing, health and safety check, assessment plan
09:15–10:00	Tutor demonstration on a client
10:00–13:00	Supervised treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Tutor demonstration on a client
- Laser and IPL skin rejuvenation treatments on clients
- Case studies and treatment records

Day 2

09:00–18:00

Open salon day

09:00–09:15	Briefing
09:15–13:00	Treatments on clients (summative assessments)
13:00–14:00	Lunch
14:00–16:30	Treatments on clients
16:30–17:30	Portfolio check and sign-off by the tutor and assessor
17:30–18:00	Student and tutor evaluation, next steps

On the day

- Laser and IPL skin rejuvenation treatments on clients
- Portfolio check by the tutor and assessor
- Student evaluation
- Tutor evaluation

Equipment	Fully equipped treatment room and couches, laser and IPL systems, wavelength-specific protective eyewear, cooling devices, PPE, consultation and consent forms, treatment records, camera for before and after photographs.
Safety	Learners to wear PPE as required by industry code of practice. Learners to carry out risk assessments for heat and potential damage. Gloves to be worn for all treatments with exposure to bodily fluids. Treatments to be carried out only in a laser controlled area following the local rules, with the manufacturer's recommended protective eyewear for the learner and client.

Units and assessment

1 unit

UV40414	Laser and light treatments for skin rejuvenation (74 guided hours)

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform
- Case studies and practical observation in the open salon

Towards your certificate

- Practical observations/assessments
- Case studies
- Portfolio of evidence

No external examination. The qualification is awarded on your portfolio and observed assessments.

Before you start, and what comes next

Learners must be 18 or over to enrol. There are no formal prerequisite qualifications; the centre will ensure that learners have the required knowledge and skills to achieve the qualification.

Level 4: Specialist practitioner level, the same level as the first year of a degree.

Before this course	Level 3 Certificate in Access to Aesthetic Therapies; Level 3 NVQ Diploma in Beauty Therapy Massage
After this course	Level 5 Certificate in Laser Tattoo Removal
Leads to	Laser and IPL practitioner in a salon or clinic, or in your own business

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page:
kclinics.co.uk/academy/courses/level-4-award-in-laser-and-light-treatments-for-skin-rejuvenation-ab40395

Call admissions: 020 8050 0750

Email: support@kclinics.co.uk

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