ENROLLING NOW

Level 4 Certificate in Advanced Aesthetic Therapies for Skin Rejuvenation

VTCT Skills Level 4 Certificate in Advanced Aesthetic Therapies for Skin Rejuvenation · Ofqual 610/5777/0 · VTCT code BT4C16 · VTCT Skills

To prepare Level 3 qualified practitioners to safely and professionally provide skin needling and superficial chemical peel treatments for skin rejuvenation, supported by the principles, ethics, consultative techniques and dermatological science of advanced aesthetic therapies, for employment in the advanced non-surgical aesthetic industry.

THEORY	IN THE CLINIC	COURSE PLAN
Online, at your own pace	3 practical days	11 online modules
GUIDED LEARNING	**COURSE FEE**	
237 hours	Ask admissions	

What the course includes

11 online modules on the KCLINICS Academy platform, studied at your own pace, then 3 practical days in the clinic. The plan comes from our scheme of work for this qualification.

Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

01 Course induction

- Course induction and VTCT Skills registration
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

02 Health and safety

UBT501

- Legislation, regulations and local authority licensing
- Hygiene, infection prevention and control
- Safe handling and disposal of sharps and peel solutions
- Risk assessment and insurance

Includes an online lesson, PDF learning material, video demonstrations and written homework.

03 Principles, practices and ethics

UBT501

- History and development of advanced aesthetic therapies
- Benefits and limitations of advanced aesthetic therapies
- Professional conduct and ethical practice
- Scope of practice and referral

Includes an online lesson, PDF learning material, video demonstrations and written homework.

04 Consultative techniques, part 1 of 2

UBT502

- Effective communication and professional behaviour
- Building client trust and managing expectations
- Client psychology and body dysmorphia awareness

Includes an online lesson, PDF learning material, video demonstrations and written homework.

05 Consultative techniques, part 2 of 2

UBT502

- Information gathering and legal requirements
- Informed consent, cooling off period and photographs
- Contra-indications and treatment planning

Includes an online lesson, PDF learning material and written homework.

06 Dermatological science, part 1 of 2

UBT503

- Skin structure and function
- Physiology of skin ageing
- Wound healing

Includes an online lesson, PDF learning material, video demonstrations and written homework.

07 Dermatological science, part 2 of 2

UBT503

- Advanced skin assessment and Fitzpatrick skin types
- Skin conditions: acne, scarring, pigmentation and photo-ageing

Includes an online lesson, PDF learning material and written homework.

08 Skin needling theory

UBT506

- History and development of skin needling
- Principles of collagen induction, needle lengths and depths
- Contra-indications, contra-actions and complications

Includes an online lesson, PDF learning material, video demonstrations and written homework.

09 Skin needling treatment

UBT506

- Sterile field and aseptic technique
- Skin needling techniques and depth selection
- Adapting the treatment for scarring, lines and texture
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

10 Superficial chemical peels theory — UBT507

- History and development of chemical peels
- Acids, pH and superficial peel types
- Contra-indications, contra-actions and complications

Includes an online lesson, PDF learning material, video demonstrations and written homework.

11 Superficial chemical peels treatment — UBT507

- Skin preparation and selecting the peel
- Application, timing and neutralising
- Managing adverse reactions
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

3 practical days in the clinic

09:00 to 18:00, lunch 13:00 to 14:00

Day 1 — 09:00–18:00

Open salon day

09:00–09:15	Briefing, health and safety check, assessment plan
09:15–10:00	Tutor demonstration on a client
10:00–13:00	Supervised treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Tutor demonstration on a client
- Skin needling and chemical peel treatments on clients
- Case studies and treatment records

Day 2 — 09:00–18:00

Open salon day

09:00–09:15	Briefing and progress review
09:15–13:00	Treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Skin needling and chemical peel treatments on clients
- Covering all treatment areas and ranges
- Case studies and treatment records

Day 3 — 09:00–18:00

Open salon day

09:00–09:15	Briefing
09:15–13:00	Treatments on clients (summative assessments)

13:00–14:00	Lunch
14:00–14:30	Portfolio check and sign-off by the tutor and assessor
14:30–17:30	VTCT Skills examinations under controlled conditions (durations set by VTCT Skills)
17:30–18:00	Student and tutor evaluation

On the day

- Skin needling and chemical peel treatments on clients
- Portfolio check by the tutor and assessor
- Theory examination 1: UBT501, UBT502 and UBT503
- Theory examination 2: UBT506 and UBT507
- Student evaluation
- Tutor evaluation

Equipment	Fully equipped treatment room and couches, treatment equipment and products, PPE, consultation and consent forms, treatment records, camera for before and after photographs.
Safety	Learners to wear PPE as required by industry code of practice. Learners to carry out risk assessments for heat and potential damage. Gloves to be worn for all treatments with exposure to bodily fluids. Only sterile, single-use needle cartridges to be used and all sharps disposed of in a sharps container. Peel solutions to be stored and handled in line with COSHH.

Units and assessment

5 units

UBT501	Principles, practices and ethical considerations for advanced aesthetic therapies (40 guided hours)
UBT502	Consultative techniques in advanced aesthetic therapies (43 guided hours)
UBT503	Dermatological science for advanced aesthetic therapies (50 guided hours)
UBT506	Provide skin needling treatments for skin (52 guided hours)
UBT507	Provide superficial chemical peels for skin rejuvenation (52 guided hours)

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform
- Case studies and practical observation in the open salon

Towards your certificate

- Assignments
- Practical observations/assessments
- Portfolio of evidence
- Theory examination 1: UBT501, UBT502 and UBT503
- Theory examination 2: UBT506 and UBT507

Before you start, and what comes next

Learners must be 18 or over to enrol and hold a Level 3 beauty therapy or equivalent qualification that includes Level 3 anatomy and physiology, or the Level 3 Certificate in Access to Aesthetic Therapies.

Level 4: Specialist practitioner level, the same level as the first year of a degree.

Before this course	Level 3 Certificate in Access to Aesthetic Therapies; Level 3 NVQ Diploma in Beauty Therapy Massage; Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis
After this course	Level 5 Certificate in Non-surgical Aesthetic Procedures for Skin Rejuvenation
Leads to	Aesthetic practitioner; Level 7 injectables are delivered under the clinical oversight of a regulated prescriber

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page:
kclinics.co.uk/academy/courses/level-4-certificate-in-advanced-aesthetic-therapies-for-skin-rejuvenation-bt4c16

Call admissions: 020 8050 0750

Email: support@kclinics.co.uk

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