ENROLLING NOW

# Level 4 Certificate in Hair Reduction and Skin Rejuvenation using LASER and Intense Pulsed Light Systems

VTCT Skills Level 4 Certificate in Hair Reduction and Skin Rejuvenation using LASER and Intense Pulsed Light Systems · Ofqual 610/8113/9 · VTCT code BT4C21 · VTCT Skills

To prepare Level 3 qualified practitioners to safely and professionally carry out hair growth reduction and skin rejuvenation treatments using LASER and Intense Pulsed Light (IPL) systems, including consultation, client analysis, treatment planning, aftercare and customer service, building on their core of knowledge for laser and light devices.

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| THEORY<br>Online, at your own pace | IN THE CLINIC<br>3 practical days | COURSE PLAN<br>10 online modules |
| GUIDED LEARNING<br>120 hours | COURSE FEE<br>Ask admissions | |

## What the course includes

10 online modules on the KCLINICS Academy platform, studied at your own pace, then 3 practical days in the clinic. The plan comes from our scheme of work for this qualification.

### Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

### 01 Course induction

- Course induction and VTCT Skills registration
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

### 02 Health and safety

- Legislation, regulations and local authority licensing
- Hygiene, infection prevention and control
- Controlled area, local rules and protective eyewear
- Risk assessment and insurance

Includes an online lesson, PDF learning material, video demonstrations and written homework.

## 03 IPL hair growth reduction theory

UBT450

- History and development of IPL hair reduction
- Hair growth cycle and causes of hair growth
- Consultation, client analysis, Fitzpatrick skin types and contra-indications
- IPL parameters: filters, fluence, pulse duration and cooling

Includes an online lesson, PDF learning material, video demonstrations and written homework.

## 04 IPL hair growth reduction treatment

UBT450

- Patch test and selecting parameters
- IPL hair reduction techniques
- Contra-actions and complications
- Aftercare and treatment course planning

Includes an online lesson, PDF learning material, video demonstrations and written homework.

## 05 LASER hair growth reduction theory

UBT451

- History and development of laser hair reduction
- Laser types and wavelengths for hair reduction
- Consultation, client analysis and contra-indications
- Laser parameters: fluence, spot size, pulse duration and cooling

Includes an online lesson, PDF learning material, video demonstrations and written homework.

## 06 LASER hair growth reduction treatment

UBT451

- Patch test and selecting parameters
- Laser hair reduction techniques
- Contra-actions and complications
- Aftercare and treatment course planning

Includes an online lesson, PDF learning material, video demonstrations and written homework.

## 07 IPL skin rejuvenation theory

UBT452

- History and development of IPL skin rejuvenation
- Skin ageing, pigmentation, redness and vascular lesions
- Consultation, skin analysis and contra-indications
- IPL parameters for skin rejuvenation

Includes an online lesson, PDF learning material, video demonstrations and written homework.

## 08 IPL skin rejuvenation treatment

UBT452

- Patch test and selecting parameters
- IPL skin rejuvenation techniques
- Contra-actions and complications
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

## 09 LASER skin rejuvenation theory

UBT453

- History and development of laser skin rejuvenation
- Laser types and wavelengths for skin rejuvenation
- Consultation, skin analysis and contra-indications
- Laser parameters for skin rejuvenation

Includes an online lesson, PDF learning material, video demonstrations and written homework.

## 10 LASER skin rejuvenation treatment

UBT453

- Patch test and selecting parameters
- Laser skin rejuvenation techniques
- Contra-actions and complications
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

# 3 practical days in the clinic

09:00 to 18:00, lunch 13:00 to 14:00

## Day 1

09:00–18:00

Open salon day

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| 09:00–09:15 | Briefing, health and safety check, assessment plan |
| 09:15–10:00 | Tutor demonstration on a client |
| 10:00–13:00 | Supervised treatments on clients |
| 13:00–14:00 | Lunch |
| 14:00–17:30 | Treatments on clients |
| 17:30–18:00 | Feedback, case studies and portfolio update |

### On the day

- Tutor demonstration on a client
- Laser and IPL hair reduction and skin rejuvenation treatments on clients
- Laser and IPL treatments on clients
- Case studies and treatment records

## Day 2

09:00–18:00

Open salon day

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|---|---|
| 09:00–09:15 | Briefing and progress review |
| 09:15–13:00 | Treatments on clients |
| 13:00–14:00 | Lunch |
| 14:00–17:30 | Treatments on clients |
| 17:30–18:00 | Feedback, case studies and portfolio update |

### On the day

- Laser and IPL hair reduction and skin rejuvenation treatments on clients
- Laser and IPL treatments on clients
- Covering all treatment areas and ranges
- Case studies and treatment records

## Day 3

09:00–18:00

Open salon day

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|---|---|
| 09:00–09:15 | Briefing |
| 09:15–13:00 | Treatments on clients (summative assessments) |
| 13:00–14:00 | Lunch |
| 14:00–16:30 | Treatments on clients |
| 16:30–17:30 | Portfolio check and sign-off by the tutor and assessor |
| 17:30–18:00 | Student and tutor evaluation, next steps |

### On the day

- Laser and IPL hair reduction and skin rejuvenation treatments on clients
- Laser and IPL treatments on clients
- Portfolio check by the tutor and assessor
- Student evaluation
- Tutor evaluation

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| **Equipment** | Fully equipped treatment room and couches, laser and IPL systems, wavelength-specific protective eyewear, cooling devices, PPE, consultation and consent forms, treatment records, camera for before and after photographs. |
| **Safety** | Learners to wear PPE as required by industry code of practice. Learners to carry out risk assessments for heat and potential damage. Gloves to be worn for all treatments with exposure to bodily fluids. Laser and IPL treatments to be carried out only in a controlled area following the local rules, with wavelength-specific protective eyewear for the learner and client. |

## Units and assessment

4 units

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| **UBT450** | Perform hair growth reduction using Intense Pulsed Light systems |
| **UBT451** | Perform hair growth reduction using LASER systems |
| **UBT452** | Perform skin rejuvenation using Intense Pulsed Light systems |
| **UBT453** | Perform skin rejuvenation using LASER systems |

### While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform
- Case studies and practical observation in the open salon

### Towards your certificate

- Assignments
- Practical observations/assessments
- Case studies
- Portfolio of evidence

No external examination. The qualification is awarded on your portfolio and observed assessments.

## Before you start, and what comes next

Learners must be 18 or over to enrol and hold a Level 3 beauty therapy or Access to Aesthetics qualification or equivalent that includes Level 3 anatomy and physiology, together with the Core of Knowledge for Laser and Light Devices.

Level 4: Specialist practitioner level, the same level as the first year of a degree.

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| **Also required before you start** | Level 4 Award in Core of Knowledge for Laser and Light Devices |
| **Before this course** | Level 3 Certificate in Access to Aesthetic Therapies; Level 3 NVQ Diploma in Beauty Therapy Massage |
| **After this course** | Level 5 Certificate in Laser Tattoo Removal |
| **Leads to** | Laser and IPL practitioner in a salon or clinic, or in your own business |

## Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

## Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page:
kclinics.co.uk/academy/courses/level-4-certificate-in-hair-reduction-and-skin-rejuvenation-using-laser-and-intense-pulsed-light-systems-bt4c21

Call admissions: 020 8050 0750

Email: support@kclinics.co.uk

KCLINICS Academy, 4 Charterhouse Buildings, Goswell Road, London EC1M 7AN