ENROLLING NOW

Level 4 Certificate in Radio Frequency

VTCT Skills (ITEC) Level 4 Certificate in Radio Frequency · Ofqual 603/2908/7 · VTCT code BT4C4 · VTCT Skills (ITEC)

To prepare Level 3 qualified practitioners to safely and professionally carry out radio frequency treatments to the face and body, supported by advanced consultation and advanced skin care for non-medical aesthetic therapies, for employment or self-employment in the advanced aesthetic industry.

THEORY	IN THE CLINIC	COURSE PLAN
Online, at your own pace	3 practical days	11 online modules
GUIDED LEARNING	**COURSE FEE**	
123 hours	Ask admissions	

What the course includes

11 online modules on the KCLINICS Academy platform, studied at your own pace, then 3 practical days in the clinic. The plan comes from our scheme of work for this qualification.

Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

01 Course induction

- Course induction and VTCT Skills registration
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

02 Health and safety — UBT273

- Legislation and regulations for non-medical aesthetic therapies
- Infection control and hygiene
- Electrical safety and equipment checks
- Risk assessment and insurance

Includes an online lesson, PDF learning material, video demonstrations and written homework.

03 Principles and practice of non-medical aesthetic therapies — UBT273

- History and development of non-medical aesthetic therapies
- Professional standards, ethics and scope of practice
- Working with medical professionals and referral
- Business and regulatory responsibilities

Includes an online lesson, PDF learning material, video demonstrations and written homework.

04 Advanced consultation, part 1 of 2

UBT274

- Advanced consultation techniques
- Client psychology and managing expectations
- Body dysmorphia awareness
- Informed consent, cooling off period and photographs

Includes an online lesson, PDF learning material and written homework.

05 Advanced consultation, part 2 of 2

UBT274

- Skin and body assessment
- Contra-indications and referral
- Treatment planning
- Record keeping and data protection

Includes an online lesson, PDF learning material, video demonstrations and written homework.

06 Advanced skin care, part 1 of 2

UBT275

- Skin structure, function and ageing
- Skin conditions and disorders
- Fitzpatrick skin types

Includes an online lesson, PDF learning material, video demonstrations and written homework.

07 Advanced skin care, part 2 of 2

UBT275

- Cosmeceuticals and active ingredients
- Preparing the skin for advanced treatments
- Post-treatment skin care, SPF and home care programmes

Includes an online lesson, PDF learning material, video demonstrations and written homework.

08 Radio frequency theory

UBT277

- History and development of radio frequency
- Principles of radio frequency energy
- Monopolar, bipolar and multipolar systems
- Effects on the skin and tissues (collagen and elastin)

Includes an online lesson, PDF learning material, video demonstrations and written homework.

09 Radio frequency theory: skin and tissues

UBT277

- Adipose tissue, cellulite, circulation and lymph
- Benefits and treatment areas for face and body
- Contra-indications and contra-actions

Includes an online lesson, PDF learning material, video demonstrations and written homework.

10 Radio frequency treatment, part 1 of 2

UBT277

- Machine checks and pre-treatment test
- Facial radio frequency techniques
- Monitoring skin temperature and client comfort
- Aftercare and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

11 Radio frequency treatment, part 2 of 2

UBT277

- Body radio frequency techniques
- Treating skin laxity and cellulite
- Adapting the treatment to the client

Includes an online lesson, PDF learning material, video demonstrations and written homework.

3 practical days in the clinic

09:00 to 18:00, lunch 13:00 to 14:00

Day 1

09:00–18:00

Open salon day

09:00–09:15	Briefing, health and safety check, assessment plan
09:15–10:00	Tutor demonstration on a client
10:00–13:00	Supervised treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Tutor demonstration on a client
- Radio frequency treatments on clients (face and body)
- Radio frequency treatments on clients
- Case studies and treatment records

Day 2

09:00–18:00

Open salon day

09:00–09:15	Briefing and progress review
09:15–13:00	Treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Radio frequency treatments on clients (face and body)
- Radio frequency treatments on clients
- Covering all treatment areas and ranges
- Case studies and treatment records

Day 3

09:00–18:00

Open salon day

09:00–09:15	Briefing
09:15–13:00	Treatments on clients (summative assessments)
13:00–14:00	Lunch
14:00–14:30	Portfolio check and sign-off by the tutor and assessor
14:30–17:30	VTCT Skills examinations under controlled conditions (durations set by VTCT Skills)
17:30–18:00	Student and tutor evaluation

On the day

- Radio frequency treatments on clients (face and body)
- Radio frequency treatments on clients
- Portfolio check by the tutor and assessor
- Practical examination BT4C4.PE1 on a real client
- Theory examination UBT277
- Student evaluation
- Tutor evaluation

Equipment Fully equipped treatment room and couches, radio frequency equipment, conductive gels, PPE, consultation and consent forms, treatment records, camera for before and after photographs.

Safety	Learners to wear PPE as required by industry code of practice. Learners to carry out risk assessments for heat and potential damage. Gloves to be worn for all treatments with exposure to bodily fluids. Radio frequency equipment to be checked before every treatment and maintained in line with manufacturer guidance.

Units and assessment

4 units

UBT273	Principles and practice of non-medical aesthetic therapies
UBT274	Advanced consultation for non-medical aesthetic therapies
UBT275	Advanced skin care for non-medical aesthetic therapies
UBT277	Provide radio frequency treatments

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform
- Case studies and practical observation in the open salon

Towards your certificate

- Assignments
- Practical observations/assessments
- Case studies
- Portfolio of evidence
- Practical examination BT4C4.PE1 on a real client
- Theory examination UBT277

Before you start, and what comes next

Learners must be 18 or over to enrol and hold a Level 3 beauty therapy qualification that includes facial electrical and body electrical units, and Level 3 anatomy and physiology.

Level 4: Specialist practitioner level, the same level as the first year of a degree.

Before this course	Level 3 Certificate in Access to Aesthetic Therapies; Level 3 NVQ Diploma in Beauty Therapy Massage
Also at Level 4	Level 4 Award in Radio Frequency; Level 4 Certificate in Ultrasound; Level 4 Award in High Intensity Focused Ultrasound (HIFU)
Leads to	Aesthetic practitioner offering radio frequency, HIFU and other energy-based treatments

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page: kclinics.co.uk/academy/courses/level-4-certificate-in-radio-frequency-bt4c4
Call admissions: 020 8050 0750
Email: support@kclinics.co.uk
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