ENROLLING NOW

Level 4 Diploma in Advanced Aesthetic Treatments

VTCT Skills (ITEC) Level 4 Diploma in Advanced Aesthetic Treatments · Ofqual 610/3733/3 · VTCT code BT4D5 · VTCT Skills (ITEC)

To prepare Level 3 qualified practitioners for employment as Level 4 aesthetic practitioners, providing dermaplaning, skin peeling, skin needling, plasma pen, radio frequency and IPL hair reduction treatments supported by the principles, ethics, investigative consultation and skin science of advanced aesthetic therapies.

THEORY	IN THE CLINIC	COURSE PLAN
Online, at your own pace	4 practical days	20 online modules
GUIDED LEARNING	**COURSE FEE**	
191 hours	Ask admissions	

What the course includes

20 online modules on the KCLINICS Academy platform, studied at your own pace, then 4 practical days in the clinic. The plan comes from our scheme of work for this qualification.

Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

01 Course induction

- Course induction and VTCT Skills registration
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

02 Health and safety

UBT462

- Key regulations and legislation for advanced aesthetic therapies
- Hygiene, infection prevention and control
- Safe handling and disposal of sharps
- Risk assessment and insurance

Includes an online lesson, PDF learning material, video demonstrations and written homework.

03 Principles, practice and ethics

UBT462

- History and development of advanced aesthetic therapies
- Benefits and limitations of advanced aesthetic therapies
- Professional conduct and ethical practice
- Scope of practice and referral

Includes an online lesson, PDF learning material, video demonstrations and written homework.

04 Investigative consultation, part 1 of 2

UBT463

- Effective communication and professional behaviour
- Building client trust and managing expectations
- Client psychology and body dysmorphia awareness

Includes an online lesson, PDF learning material, video demonstrations and written homework.

05 Investigative consultation, part 2 of 2

UBT463

- Methods of information gathering
- Legal requirements: informed consent, photographs and data protection
- Contra-indications and treatment planning

Includes an online lesson, PDF learning material and written homework.

06 Skin science, part 1 of 2

UBT464

- Skin structure and function
- Physiology of skin ageing
- Intrinsic and extrinsic ageing factors

Includes an online lesson, PDF learning material, video demonstrations and written homework.

07 Skin science, part 2 of 2

UBT464

- Advanced skin assessment
- Fitzpatrick skin types
- Skin conditions and their treatment options

Includes an online lesson, PDF learning material, video demonstrations and written homework.

08 Dermaplaning theory

UBT473

- History and development of dermaplaning
- Blades, tools and techniques
- Effects, benefits, contra-indications and contra-actions

Includes an online lesson, PDF learning material, video demonstrations and written homework.

09 Dermaplaning treatment

UBT473

- Skin preparation and blade handling
- Dermaplaning techniques on the face
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

10 Skin peeling theory

UBT467

- History and development of chemical skin peeling
- Types of peels, acids and pH
- Skin healing, contra-indications and complications

Includes an online lesson, PDF learning material, video demonstrations and written homework.

11 Skin peeling treatment

UBT467

- COSHH: storage and handling of peeling solutions
- Selecting the peel, application, timing and neutralising
- Layering and adapting the treatment
- Managing adverse reactions
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

12 Skin needling theory

UBT466

- History and development of skin needling
- Principles of collagen induction, needle lengths and depths
- Wound healing, contra-indications and complications

Includes an online lesson, PDF learning material, video demonstrations and written homework.

13 Skin needling treatment

UBT466

- Sterile field and aseptic technique
- Skin needling techniques and depth selection
- Adapting the treatment for scarring, lines and texture
- Selecting post-treatment products
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

14 Plasma pen theory

UBT471

- History and development of plasma pen techniques
- Principles of plasma and sublimation
- Skin healing, contra-indications and complications

Includes an online lesson, PDF learning material, video demonstrations and written homework.

15 Plasma pen treatment

UBT471

- Device checks and topical anaesthetic
- Plasma pen techniques and treatment areas
- Adapting the treatment to the client
- Managing adverse reactions
- Aftercare and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

16 Radio frequency theory

UBT465

- History and development of radio frequency
- Monopolar, bipolar and multipolar systems
- Effects on the skin, contra-indications and contra-actions

Includes an online lesson, PDF learning material, video demonstrations and written homework.

17 Radio frequency treatment — UBT465

- Machine checks and pre-treatment test
- Facial radio frequency techniques
- Body radio frequency techniques
- Treating skin laxity and cellulite
- Aftercare and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

18 Core of knowledge for laser and light devices — UBT449R

- History and development of laser and light devices
- Light, the electromagnetic spectrum and laser and IPL systems
- Tissue reaction and laser safety, controlled areas and eyewear

Includes an online lesson, PDF learning material, video demonstrations and written homework.

19 IPL hair reduction theory — UBT475

- Hair growth cycle and hair types
- Principles of IPL hair reduction
- Fitzpatrick skin types, contra-indications and contra-actions

Includes an online lesson, PDF learning material, video demonstrations and written homework.

20 IPL hair reduction treatment — UBT475

- Patch test and selecting parameters
- IPL hair reduction techniques
- Treating different body areas
- Managing adverse reactions
- Aftercare and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

4 practical days in the clinic

09:00 to 18:00, lunch 13:00 to 14:00. Days in a range follow the same plan.

Day 1 — 09:00–18:00

Open salon day

09:00–09:15	Briefing, health and safety check, assessment plan
09:15–10:00	Tutor demonstration on a client
10:00–13:00	Supervised treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Tutor demonstration on a client
- Dermaplaning, skin peeling and skin needling treatments on clients
- Plasma pen and radio frequency treatments on clients
- IPL hair reduction treatments on clients
- Case studies and treatment records

Days 2–3

09:00–18:00

Open salon day

09:00–09:15	Briefing and progress review
09:15–13:00	Treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Dermaplaning, skin peeling and skin needling treatments on clients
- Plasma pen and radio frequency treatments on clients
- IPL hair reduction treatments on clients
- Covering all treatment areas and ranges
- Case studies and treatment records

Day 4

09:00–18:00

Open salon day

09:00–09:15	Briefing
09:15–13:00	Treatments on clients (summative assessments)
13:00–14:00	Lunch
14:00–14:30	Portfolio check and sign-off by the tutor and assessor
14:30–17:30	VTCT Skills examinations under controlled conditions (durations set by VTCT Skills)
17:30–18:00	Student and tutor evaluation

On the day

- Dermaplaning, skin peeling and skin needling treatments on clients
- Plasma pen and radio frequency treatments on clients
- IPL hair reduction treatments on clients
- Portfolio check by the tutor and assessor
- Theory examination BT4D5.EX1 (UBT462, UBT463, UBT464)
- Theory examinations for each optional unit, including UBT449R
- Practical examinations UBT473, UBT467, UBT466, UBT471, UBT465 and UBT475 on real clients
- Student evaluation
- Tutor evaluation

Equipment	Fully equipped treatment room and couches, laser and IPL systems, wavelength-specific protective eyewear, cooling devices, PPE, consultation and consent forms, treatment records, camera for before and after photographs.
Safety	Learners to wear PPE as required by industry code of practice. Learners to carry out risk assessments for heat and potential damage. Gloves to be worn for all treatments with exposure to bodily fluids. Single-use blades and needles to be disposed of in a sharps container and all equipment checked before every treatment. IPL treatments to be carried out in a controlled area with protective eyewear for the learner and client.

Units and assessment

9 units

UBT462	Principles, practice and ethics of advanced aesthetic (40 guided hours)
UBT463	Investigative consultation for advanced aesthetic therapies (43 guided hours)
UBT464	Skin science for advanced aesthetic therapies (50 guided hours)

UBT473	Enhance appearance using dermaplaning techniques (16 guided hours)
UBT467	Provide skin peeling treatments (52 guided hours)
UBT466	Provide cosmetic skin needling treatments (52 guided hours)
UBT471	Enhance appearance using plasma pen techniques (21 guided hours)
UBT465	Provide radio frequency treatments (52 guided hours)
UBT475	Perform hair growth reduction using Intense Pulsed Light systems (30 guided hours)

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform
- Case studies and practical observation in the open salon

Towards your certificate

- Assignments
- Practical observations/assessments
- Case studies
- Portfolio of evidence
- Theory examination BT4D5.EX1 (UBT462, UBT463, UBT464)
- Theory examinations for each optional unit, including UBT449R
- Practical examinations UBT473, UBT467, UBT466, UBT471, UBT465 and UBT475 on real clients

Before you start, and what comes next

Learners must be 18 or over to enrol and hold a regulated Level 2 and Level 3 beauty therapy qualification or equivalent.

Level 4: Specialist practitioner level, the same level as the first year of a degree.

Before this course	Level 3 NVQ Diploma in Beauty Therapy Massage
Also at Level 4	Level 4 Diploma in Advanced Beauty Therapy; Level 4 Diploma in the Principles of Advanced Beauty Therapy; Level 4 Diploma in Advanced Skincare
Leads to	Beauty therapist in salons, spas and clinics, or self-employed

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page: kclinics.co.uk/academy/courses/level-4-diploma-in-advanced-aesthetic-treatments-bt4d5
Call admissions: 020 8050 0750
Email: support@kclinics.co.uk
KCLINICS Academy, 4 Charterhouse Buildings, Goswell Road, London EC1M 7AN