ENROLLING NOW

Level 4 Diploma in Advanced Beauty Therapy

VTCT Skills Level 4 Diploma in Advanced Beauty Therapy · Ofqual 500/8886/5 · VTCT code AB40162 · VTCT Skills

To prepare learners for employment as advanced beauty therapists, safely and professionally carrying out laser and intense pulsed light hair reduction and skin rejuvenation and microdermabrasion treatments, supported by product chemistry, the physiology of ageing, dermatology and microbiology, quality client care, salon management and marketing.

THEORY	IN THE CLINIC	COURSE PLAN
Online, at your own pace	3 practical days	17 online modules
UNITS	**COURSE FEE**	
11 units	Ask admissions	

What the course includes

17 online modules on the KCLINICS Academy platform, studied at your own pace, then 3 practical days in the clinic. The plan comes from our scheme of work for this qualification.

Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

01 Course induction

- Course induction and VTCT Skills registration
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

02 Health and safety

UV40462

- Health and safety legislation and responsibilities
- Laser protection adviser, local rules and the laser controlled area
- Protective eyewear, fire precautions and signage
- Risk assessment and insurance

Includes an online lesson, PDF learning material, video demonstrations and written homework.

03 Management of health, safety and security

UV40462

- Implementing health and safety practices in the salon
- Managing health, safety and security of people, premises and stock
- Monitoring staff and managing improvements
- Emergency procedures and accident reporting

Includes an online lesson, PDF learning material, video demonstrations and written homework.

04 Chemistry of hair and beauty products

UV40461

- Chemistry of active ingredients in hair and beauty products
- Effects and safe use of active ingredients
- Properties of packaging materials
- Effects of ultra-violet radiation on products and packaging

Includes an online lesson, PDF learning material, video demonstrations and written homework.

05 Physiology of ageing

UV40463

- Nature of ageing and theories of ageing
- Causes and effects of skin ageing
- Degenerative disorders of the ageing process
- How treatments and products may delay ageing

Includes an online lesson, PDF learning material, video demonstrations and written homework.

06 Dermatology and microbiology, part 1 of 2

UV30456

- Structure and functions of the skin, hair and nails
- Diseases and disorders of the skin, hair and nails
- Micro-organisms and infection control

Includes an online lesson, PDF learning material, video demonstrations and written homework.

07 Dermatology and microbiology, part 2 of 2

UV30456

- Preparing for the culturing of bacteria
- Investigating the conditions required for bacterial growth
- Recording and evaluating results

Includes an online lesson, PDF learning material, video demonstrations and written homework.

08 Quality management of client care

UV40464

- Reviewing the overall client service experience
- Quality assurance and client feedback
- Implementing and monitoring procedures to improve client service

Includes an online lesson, PDF learning material, video demonstrations and written homework.

09 Microdermabrasion theory

UV30430

- History and development of microdermabrasion
- Crystal and diamond microdermabrasion systems
- Skin types, skin conditions and treatment objectives
- Contra-indications and contra-actions

Includes an online lesson, PDF learning material, video demonstrations and written homework.

10 Microdermabrasion treatment

UV30430

- Consultation, skin analysis and treatment planning
- Microdermabrasion techniques
- Adapting the treatment to the client
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

11 Laser and light hair reduction theory

UV40413

- History and development of laser and IPL treatments
- Laser and intense pulsed light systems
- Wavelength, fluence, pulse duration, spot size and cooling
- Hair growth cycle, growth patterns and the endocrine system
- Fitzpatrick scale, contra-indications and contra-actions

Includes an online lesson, PDF learning material, video demonstrations and written homework.

12 Laser and light hair reduction treatment

UV40413

- Consultation, informed consent, patch and thermal tests
- Selecting equipment and treatment parameters
- Laser and IPL hair reduction techniques
- Aftercare and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

13 Laser and light skin rejuvenation theory

UV40414

- History and development of laser and IPL skin rejuvenation
- Photo-ageing, fine lines and pigmentation
- Telangiectasia, spider naevi and Campbell de Morgan spots
- Treatment objectives and skin recovery time

Includes an online lesson, PDF learning material and written homework.

14 Laser and light skin rejuvenation treatment

UV40414

- Selecting equipment and treatment parameters
- Laser and IPL skin rejuvenation techniques
- Adapting the treatment to the client
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

15 Salon management

UV40467

- Management duties, leadership and communication style
- Appraisal, working relationships and employment legislation
- Planning products and services and allocating staff
- Stock control and increasing salon revenue

Includes an online lesson, PDF learning material, video demonstrations and written homework.

16 Marketing in the hair and beauty sector

UV30460

- Principles of marketing and market research
- The marketing mix and target clients
- Planning and evaluating a promotional campaign
- Digital and social media marketing

Includes an online lesson, PDF learning material, video demonstrations and written homework.

17 Cultural, social and technological influences

UV30469

- History and development of beauty-related industries
- Cultural and social influences on beauty
- Technological developments in treatments and products

Includes an online lesson, PDF learning material, video demonstrations and written homework.

3 practical days in the clinic

09:00 to 18:00, lunch 13:00 to 14:00

Day 1

09:00–18:00

Open salon day

09:00–09:15	Briefing, health and safety check, assessment plan
09:15–10:00	Tutor demonstration on a client
10:00–13:00	Supervised treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Tutor demonstration on a client
- Microdermabrasion and laser and IPL treatments on clients
- Case studies and treatment records

Day 2

09:00–18:00

Open salon day

09:00–09:15	Briefing and progress review
09:15–13:00	Treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Microdermabrasion and laser and IPL treatments on clients
- Covering all treatment areas and ranges
- Case studies and treatment records

Day 3

09:00–18:00

Open salon day

09:00–09:15	Briefing
09:15–13:00	Treatments on clients (summative assessments)
13:00–14:00	Lunch
14:00–14:30	Portfolio check and sign-off by the tutor and assessor
14:30–17:30	VTCT Skills examinations under controlled conditions (durations set by VTCT Skills)
17:30–18:00	Student and tutor evaluation

On the day

- Microdermabrasion and laser and IPL treatments on clients
- Portfolio check by the tutor and assessor
- External paper UV40463 Physiology of ageing
- External paper UV30456 Dermatology and microbiology
- External paper UV30430 Apply microdermabrasion
- External paper UV30469 Cultural, social and technological influences
- Student evaluation
- Tutor evaluation

Equipment	Fully equipped treatment room and couches, laser and IPL systems, wavelength-specific protective eyewear, cooling devices, PPE, consultation and consent forms, treatment records, camera for before and after photographs.
Safety	Learners to wear PPE as required by industry code of practice. Learners to carry out risk assessments for heat and potential damage. Gloves to be worn for all treatments with exposure to bodily fluids. Laser and IPL treatments to be carried out only in a laser controlled area following the local rules, with the manufacturer's recommended protective eyewear for the learner and client.

Units and assessment

11 units

UV40462	Management of health, safety and security in the salon (44 guided hours)
UV40461	Chemistry of Hair and Beauty Products
UV40463	Physiology of ageing (64 guided hours)
UV30456	Dermatology and microbiology (42 guided hours)
UV40464	Quality management of client care in the hair and beauty sector (50 guided hours)
UV30430	Apply micro dermabrasion (39 guided hours)
UV40413	Laser and light treatments for hair removal (74 guided hours)
UV40414	Laser and light treatments for skin rejuvenation (74 guided hours)
UV40467	Salon management (50 guided hours)
UV30460	Marketing in the hair and beauty sector (32 guided hours)
UV30469	Cultural, Social and Technological Influences

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform
- Case studies and practical observation in the open salon

Towards your certificate

- Assignments
- Practical observations/assessments
- Case studies
- Portfolio of evidence
- External paper UV40463 Physiology of ageing
- External paper UV30456 Dermatology and microbiology
- External paper UV30430 Apply microdermabrasion
- External paper UV30469 Cultural, social and technological influences

Before you start, and what comes next

Learners must be 18 or over to enrol. There are no formal prerequisite qualifications.

Level 4: Specialist practitioner level, the same level as the first year of a degree.

Before this course	Level 3 NVQ Diploma in Beauty Therapy Massage
Also at Level 4	Level 4 Diploma in Advanced Aesthetic Treatments; Level 4 Diploma in the Principles of Advanced Beauty Therapy; Level 4 Diploma in Advanced Skincare
Leads to	Beauty therapist in salons, spas and clinics, or self-employed

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page: kclinics.co.uk/academy/courses/level-4-diploma-in-advanced-beauty-therapy-ab40162
Call admissions: 020 8050 0750
Email: support@kclinics.co.uk
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