ENROLLING NOW

Level 4 Diploma in Advanced Skincare

VTCT Skills (ITEC) Level 4 Diploma in Advanced Skincare · Ofqual 603/4044/7 · VTCT code iBT4D1 · VTCT Skills (ITEC)

To enable learners to gain the practical and theoretical skills to provide advanced skincare treatments, including laser and light skin rejuvenation and microdermabrasion, to the general public and to gain employment in an advanced skincare clinic.

THEORY	IN THE CLINIC	COURSE PLAN
Online, at your own pace	4 practical days	20 online modules
GUIDED LEARNING	**COURSE FEE**	
338 hours	Ask admissions	

What the course includes

20 online modules on the KCLINICS Academy platform, studied at your own pace, then 4 practical days in the clinic. The plan comes from our scheme of work for this qualification.

Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

01 Course induction

- Course induction and VTCT Skills registration
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

02 Health and safety (iuco70)

- Health and safety legislation and responsibilities
- Hazards, risks and risk assessment
- Infection control and hygiene

Includes an online lesson, PDF learning material, video demonstrations and written homework.

03 Management of health, safety and security (iuco70)

- Managing health and safety in the salon
- Security of people, premises and stock
- Emergency procedures and accident reporting

Includes an online lesson, PDF learning material, video demonstrations and written homework.

04 Dermatology and microbiology (iubt403), part 1 of 3

- History and development of dermatology
- Skin structure and function
- Skin types and Fitzpatrick classification

Includes an online lesson, PDF learning material, video demonstrations and written homework.

05 Dermatology and microbiology (iubt403), part 2 of 3

- Bacteria, viruses, fungi and infestations
- How infection spreads and the immune response
- Sterilisation and disinfection

Includes an online lesson, PDF learning material, video demonstrations and written homework.

06 Dermatology and microbiology (iubt403), part 3 of 3

- Skin diseases and disorders
- Contra-indications and referral

Includes an online lesson, PDF learning material, video demonstrations and written homework.

07 Physiology of ageing (iubt310), part 1 of 2

- Intrinsic and extrinsic ageing
- Cellular ageing and the skin
- Effects of UV, lifestyle and environment

Includes an online lesson, PDF learning material, video demonstrations and written homework.

08 Physiology of ageing (iubt310), part 2 of 2

- Ageing of the body systems
- Hormones and ageing
- Treatments and home care for ageing skin

Includes an online lesson, PDF learning material, video demonstrations and written homework.

09 Chemistry of hair and beauty products (iuco65), part 1 of 3

- Atoms, molecules, acids, alkalis and pH
- Emulsions, solutions and suspensions

Includes an online lesson, PDF learning material, video demonstrations and written homework.

10 Chemistry of hair and beauty products (iuco65), part 2 of 3

- Ingredients in skincare products
- Effects and safe use of products
- Preservatives, allergens and product labelling

Includes an online lesson, PDF learning material, video demonstrations and written homework.

11 Chemistry of hair and beauty products (iuco65), part 3 of 3

- Packaging materials
- Ultra violet radiation and its effects on products
- Sunscreens and SPF

Includes an online lesson, PDF learning material, video demonstrations and written homework.

12 Microdermabrasion theory (iubt367)

- History and development of microdermabrasion
- Crystal and diamond microdermabrasion
- Effects on the skin
- Contra-indications and contra-actions

Includes an online lesson, PDF learning material, video demonstrations and written homework.

13 Microdermabrasion treatment (iubt367), part 1 of 2

- Consultation and skin analysis
- Machine checks and pre-treatment test
- Microdermabrasion techniques
- Aftercare and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

14 Microdermabrasion treatment (iubt367), part 2 of 2

- Adapting the treatment to skin type and condition
- Combining microdermabrasion with skincare products
- Courses of treatment

Includes an online lesson, PDF learning material, video demonstrations and written homework.

15 Microdermabrasion practice (iubt367)

- Full microdermabrasion treatment on models
- Working to a commercially acceptable time
- Treatment evidence on client consultation forms

Includes an online lesson, PDF learning material, video demonstrations and written homework.

16 Laser and light theory (iubt407)

- History and development of laser and IPL
- Light and the electromagnetic spectrum
- Laser and IPL systems
- Laser safety and controlled areas

Includes an online lesson, PDF learning material, video demonstrations and written homework.

17 Laser and light theory: skin rejuvenation (iubt407)

- Light and tissue interaction
- Pigmentation, vascular conditions and photo-ageing
- Fitzpatrick skin types and treatment parameters
- Contra-indications, contra-actions and complications

Includes an online lesson, PDF learning material and written homework.

18 Laser and light treatment (iubt407), part 1 of 2

- Consultation, informed consent and photographs
- Patch test and selecting settings
- Laser and light skin rejuvenation techniques
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material and written homework.

19 Laser and light treatment (iubt407), part 2 of 2

- Adapting the treatment to the client
- Managing adverse reactions
- Courses of treatment and intervals

Includes an online lesson, PDF learning material, video demonstrations and written homework.

20 Laser and light practice (iubt407)

- Full laser and light skin rejuvenation treatment on models
- Treating pigmentation, redness and photo-ageing
- Treatment evidence on client consultation forms

Includes an online lesson, PDF learning material and written homework.

4 practical days in the clinic

09:00 to 18:00, lunch 13:00 to 14:00. Days in a range follow the same plan.

Day 1

09:00–18:00

Open salon day

09:00–09:15	Briefing, health and safety check, assessment plan
09:15–10:00	Tutor demonstration on a client
10:00–13:00	Supervised treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Tutor demonstration on a client
- Microdermabrasion treatments on clients
- Laser and light skin rejuvenation treatments on clients
- Microdermabrasion and laser and light treatments on clients
- Case studies and treatment records

Days 2–3

09:00–18:00

Open salon day

09:00–09:15	Briefing and progress review
09:15–13:00	Treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Microdermabrasion treatments on clients
- Laser and light skin rejuvenation treatments on clients
- Microdermabrasion and laser and light treatments on clients
- Covering all treatment areas and ranges
- Case studies and treatment records

Day 4

09:00–18:00

Open salon day

09:00–09:15	Briefing
09:15–13:00	Treatments on clients (summative assessments)
13:00–14:00	Lunch
14:00–14:30	Portfolio check and sign-off by the tutor and assessor
14:30–17:30	VTCT Skills examinations under controlled conditions (durations set by VTCT Skills)
17:30–18:00	Student and tutor evaluation

On the day

- Microdermabrasion treatments on clients
- Laser and light skin rejuvenation treatments on clients
- Microdermabrasion and laser and light treatments on clients
- Portfolio check by the tutor and assessor
- Practical examination (iUBT407 and iUBT367)
- Theory examinations iUBT403, iUCO65, iUBT407 and iUBT367
- Student evaluation
- Tutor evaluation

Equipment	Fully equipped treatment room and couches, laser and IPL systems, wavelength-specific protective eyewear, cooling devices, PPE, consultation and consent forms, treatment records, camera for before and after photographs.
Safety	Learners to wear PPE as required by industry code of practice. Learners to carry out risk assessments for heat and potential damage. Gloves to be worn for all treatments with exposure to bodily fluids. Laser and light treatments to be carried out in a controlled area with protective eyewear for the learner and client.

Units and assessment

6 units

iUCO70	Health & Safety
iUBT403	Dermatology and Microbiology
iUBT310	Physiology of Ageing
iUCO65	Chemistry of Hair and Beauty Products
iUBT367	Microdermabrasion
iUBT407	Laser and Light

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform
- Case studies and practical observation in the open salon

Towards your certificate

- Assignments
- Practical observations/assessments
- Portfolio of evidence
- Practical examination (iUBT407 and iUBT367)
- Theory examinations iUBT403, iUCO65, iUBT407 and iUBT367

Before you start, and what comes next

Learners must be 18 or over to enrol (KCLINICS Academy policy), and it is recommended that learners hold a Level 3 Diploma in Beauty Therapy Treatments or equivalent.

Level 4: Specialist practitioner level, the same level as the first year of a degree.

Before this course	Level 3 NVQ Diploma in Beauty Therapy Massage
Also at Level 4	Level 4 Diploma in Advanced Beauty Therapy; Level 4 Diploma in Advanced Aesthetic Treatments; Level 4 Diploma in the Principles of Advanced Beauty Therapy
Leads to	Beauty therapist in salons, spas and clinics, or self-employed

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page: kclinics.co.uk/academy/courses/level-4-diploma-in-advanced-skincare-ibt4d1
Call admissions: 020 8050 0750
Email: support@kclinics.co.uk
KCLINICS Academy, 4 Charterhouse Buildings, Goswell Road, London EC1M 7AN