ENROLLING NOW

Level 4 Diploma in the Principles of Advanced Beauty Therapy

VTCT Skills Level 4 Diploma in the Principles of Advanced Beauty Therapy · Ofqual 610/8112/7 · VTCT code BT4D6 · VTCT Skills

To develop the advanced knowledge and management skills of experienced beauty therapists: management of health, safety and security, physiology of ageing, dermatology and microbiology, chemistry of hair and beauty products, quality management of client care and salon management, preparing learners for roles as advanced or senior therapists, aesthetic professionals and spa managers.

THEORY	IN THE ACADEMY	COURSE PLAN
Online, at your own pace	One exam session	14 online modules
GUIDED LEARNING	**COURSE FEE**	
325 hours	Ask admissions	

What the course includes

14 online modules on the KCLINICS Academy platform, studied at your own pace, then one exam session in the academy. The plan comes from our scheme of work for this qualification.

Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

01 Course induction

- Course induction and VTCT Skills registration
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

02 Health and safety

- Health and safety policies of the training centre and the salon
- Hygiene, infection prevention and control
- PPE and safe working practices
- Reporting accidents and incidents

Includes an online lesson, PDF learning material, video demonstrations and written homework.

03 Management of health, safety and security

UHB161

- History and development of health and safety legislation
- Health, safety and security legislation and regulations
- Risk assessment: types, procedures and records
- Assessing the effectiveness of existing practices

Includes an online lesson, PDF learning material, video demonstrations and written homework.

04 Managing health, safety and security practices

UHB161

- Recommending and implementing new practices
- Evaluating staff compliance: monitoring and spot checks
- Managing improvements, training and communication
- Emergency procedures and security of people, premises and stock

Includes an online lesson, PDF learning material, video demonstrations and written homework.

05 Physiology of ageing

UV40463

- History and development of the science of ageing
- Characteristics of ageing and theories of ageing
- The ageing process in cells and tissues
- Intrinsic and environmental factors of skin ageing

Includes an online lesson, PDF learning material, video demonstrations and written homework.

06 Ageing of the skin and degenerative disorders

UV40463

- Microscopic and visible changes to the skin with ageing
- Causes and effects of degenerative disorders
- How beauty therapy treatments and products may delay the ageing process

Includes an online lesson, PDF learning material, video demonstrations and written homework.

07 Dermatology

UV30456

- Structure and functions of the skin, hair and nails
- Diseases and disorders of the skin, hair and nails
- Recognising contra-indications and referral

Includes an online lesson, PDF learning material, video demonstrations and written homework.

08 Microbiology

UV30456

- Types of micro-organisms
- Preparing for the culturing of bacteria
- Conditions required for bacterial growth
- Relating microbiology to salon hygiene

Includes an online lesson, PDF learning material, video demonstrations and written homework.

09 Chemistry of hair and beauty products

UHB157

- History and development of cosmetic chemistry
- Chemistry of active ingredients in hair and beauty products
- Effects and safe use of active ingredients
- Cosmetic regulations and product safety

Includes an online lesson, PDF learning material, video demonstrations and written homework.

10 Packaging and ultra-violet radiation — UHB157

- Properties of packaging materials in relation to their structure
- Properties and effects of ultra-violet radiation on products and packaging
- Storage and shelf life of products

Includes an online lesson, PDF learning material, video demonstrations and written homework.

11 Quality management of client care — UHB153

- Quality assurance and quality management in the hair and beauty sector
- Reviewing the overall client service experience
- Client feedback, complaints and service standards

Includes an online lesson, PDF learning material, video demonstrations and written homework.

12 Improving the client service experience — UHB153

- Implementing procedures to improve client service
- Monitoring and evaluating improvements
- Training and supporting the salon team
- Consumer and data protection legislation

Includes an online lesson, PDF learning material, video demonstrations and written homework.

13 Salon management — UHB164

- Salon management duties and responsibilities
- Managing staff: rotas, appraisals and motivation
- Financial management, targets and records

Includes an online lesson, PDF learning material, video demonstrations and written homework.

14 Managing products and services — UHB164

- Planning the management of products and services
- Stock control and suppliers
- Marketing and promotion of services
- Evaluating business performance

Includes an online lesson, PDF learning material, video demonstrations and written homework.

In your workplace

15 Workplace Assessment (UHB161, UHB153, UHB164, UV30456)

- Observations of management practices in the learner's own salon
- Microbiology practical: culturing bacteria
- Completion of the portfolio of evidence
- Revision

Dates and times agreed between the learner and the assessor

Observations take place in the learner's own workplace

Evidence uploaded to the portfolio on the KCLINICS Academy platform

Your exam session

09:00 to 11:30

Exam session — 09:00–11:30

09:00–09:15	Registration, briefing and controlled examination conditions
09:15–09:45	Portfolio check by the tutor
09:45–11:15	VTCT Skills theory examination(s) under controlled conditions

11:15–11:30	Student and tutor evaluation

On the day

- External examination: UV40463 Physiology of ageing
- External examination: UV30456 Dermatology and microbiology
- Portfolio check by the tutor
- Student evaluation
- Tutor evaluation

Equipment	Computers/tablets, observation and assessment records.
Safety	Learners to follow the health and safety policies of the training centre and of their own salon. Learners to wear PPE as required by industry code of practice and to carry out risk assessments for all practical activities. Gloves and laboratory hygiene procedures to be followed when culturing bacteria.

Units and assessment

6 units

UHB161	Management of health, safety and security in the salon (44 guided hours)
UV40463	Physiology of ageing (64 guided hours)
UV30456	Dermatology and microbiology (42 guided hours)
UHB157	Chemistry of hair and beauty products (75 guided hours)
UHB153	Quality management of client care in the hair and beauty sector (50 guided hours)
UHB164	Salon management (50 guided hours)

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform

Towards your certificate

- Assignments
- Practical observations/assessments
- Portfolio of evidence
- External examination: UV40463 Physiology of ageing
- External examination: UV30456 Dermatology and microbiology

Before you start, and what comes next

Learners must be 18 or over to enrol and should ideally hold a Level 3 qualification or equivalent and have at least three years of salon experience (one year at the discretion of the employer and provider).

Level 4: Specialist practitioner level, the same level as the first year of a degree.

Before this course	Level 3 NVQ Diploma in Beauty Therapy Massage
Also at Level 4	Level 4 Diploma in Advanced Beauty Therapy; Level 4 Diploma in Advanced Aesthetic Treatments; Level 4 Diploma in Advanced Skincare
Leads to	Beauty therapist in salons, spas and clinics, or self-employed

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.

- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page:
kclinics.co.uk/academy/courses/level-4-diploma-in-the-principles-of-advanced-beauty-therapy-bt4d6

Call admissions: 020 8050 0750

Email: support@kclinics.co.uk

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