ENROLLING NOW

Level 5 Certificate in Non-surgical Aesthetic Procedures for Skin Rejuvenation

VTCT Skills Level 5 Certificate in Non-surgical Aesthetic Procedures for Skin Rejuvenation · Ofqual 610/5798/8 · VTCT code BT5C3 · VTCT Skills

To prepare Level 4 qualified practitioners to safely and professionally carry out advanced chemical peels, advanced skin needling, needle mesotherapy and LED phototherapy for skin rejuvenation, supported by the principles, client assessment, advanced skin science and complication management of non-surgical aesthetic procedures, as a progression route towards Level 7 injectable procedures.

THEORY	IN THE CLINIC	COURSE PLAN
Online, at your own pace	3 practical days	16 online modules
GUIDED LEARNING	**COURSE FEE**	
174 hours	Ask admissions	

What the course includes

16 online modules on the KCLINICS Academy platform, studied at your own pace, then 3 practical days in the clinic. The plan comes from our scheme of work for this qualification.

Online modules

After the induction, each module has an online lesson, PDF learning material and written homework. Most modules also have video demonstrations and a quiz, and each unit ends with an online module test.

01 Course induction

- Course induction and VTCT Skills registration
- Video demonstration: how to use the KCLINICS Academy website (online learning, tests, homework and portfolio)
- Learning agreement and code of conduct
- Introduction to all units, learning outcomes and assessment requirements

Includes video demonstrations.

02 Health and safety

UBT508

- Legislation, regulations and local authority licensing
- Infection prevention, sterile field and aseptic technique
- Safe handling and disposal of sharps and peel solutions
- Risk assessment and insurance

Includes an online lesson, PDF learning material, video demonstrations and written homework.

03 Principles of non-surgical aesthetic procedures

UBT508

- History and development of non-surgical aesthetic procedures
- Regulation, professional and ethical standards
- Scope of practice, working with prescribers and referral
- Record keeping and data protection

Includes an online lesson, PDF learning material, video demonstrations and written homework.

04 Client assessment, part 1 of 2

UBT509

- Advanced consultation and communication
- Client psychology and managing expectations
- Body dysmorphia awareness and vulnerable clients

Includes an online lesson, PDF learning material, video demonstrations and written homework.

05 Client assessment, part 2 of 2

UBT509

- Medical history, contra-indications and referral
- Informed consent, cooling off period and photographs
- Treatment planning and courses of treatment

Includes an online lesson, PDF learning material and written homework.

06 Advanced skin science, part 1 of 2

UBT510

- Skin structure and function
- Intrinsic and extrinsic ageing
- Inflammation and wound healing

Includes an online lesson, PDF learning material, video demonstrations and written homework.

07 Advanced skin science, part 2 of 2

UBT510

- Advanced skin assessment, Fitzpatrick and Glogau classification
- Skin conditions: acne, scarring, pigmentation, rosacea and photo-ageing

Includes an online lesson, PDF learning material and written homework.

08 Complication management and emergency plan

UBT511

- Recognising and managing complications and adverse reactions
- Infection, allergy and anaphylaxis
- Implementing an emergency plan
- Reporting, documentation and duty of candour

Includes an online lesson, PDF learning material, video demonstrations and written homework.

09 Advanced chemical peels theory

UBT512

- History and development of chemical peels
- Peel chemistry: superficial and medium depth peels, pH and pKa
- Skin priming and selecting the peel
- Contra-indications, contra-actions and complications

Includes an online lesson, PDF learning material, video demonstrations and written homework.

10 Advanced chemical peels treatment

UBT512

- Skin preparation and layering
- Application, timing, end points and neutralising
- Managing adverse reactions
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

11 Advanced skin needling theory — UBT513

- History and development of skin needling
- Principles of collagen induction
- Needle lengths, depths and devices
- Contra-indications, contra-actions and complications

Includes an online lesson, PDF learning material, video demonstrations and written homework.

12 Advanced skin needling treatment — UBT513

- Sterile field and aseptic technique
- Advanced skin needling techniques and depth selection
- Adapting the treatment for scarring, lines and texture
- Aftercare, SPF and home care advice

Includes an online lesson, PDF learning material, video demonstrations and written homework.

13 Needle mesotherapy theory — UBT514

- History and development of mesotherapy
- Mesotherapy products and active ingredients
- Skin rejuvenation and hair restoration protocols
- Contra-indications, contra-actions and complications

Includes an online lesson, PDF learning material, video demonstrations and written homework.

14 Needle mesotherapy treatment — UBT514

- Needle selection and injection techniques
- Depth, volume and treatment mapping
- Mesotherapy for skin rejuvenation and hair restoration
- Aftercare and treatment intervals

Includes an online lesson, PDF learning material, video demonstrations and written homework.

15 LED phototherapy theory — UBT515

- History and development of LED phototherapy
- Wavelengths, light and tissue interaction
- Effects of red, blue and near-infrared light
- Contra-indications and eye protection

Includes an online lesson, PDF learning material and written homework.

16 LED phototherapy treatment — UBT515

- Selecting wavelength, dose and treatment time
- LED as a stand-alone and combination treatment
- Adapting the treatment to the client
- Aftercare and courses of treatment

Includes an online lesson, PDF learning material, video demonstrations and written homework.

3 practical days in the clinic

09:00 to 18:00, lunch 13:00 to 14:00

Day 1 — 09:00–18:00

Open salon day

09:00–09:15	Briefing, health and safety check, assessment plan
09:15–10:00	Tutor demonstration on a client
10:00–13:00	Supervised treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Tutor demonstration on a client
- Chemical peel, skin needling, mesotherapy and LED treatments on clients
- Case studies and treatment records

Day 2

09:00–18:00

Open salon day

09:00–09:15	Briefing and progress review
09:15–13:00	Treatments on clients
13:00–14:00	Lunch
14:00–17:30	Treatments on clients
17:30–18:00	Feedback, case studies and portfolio update

On the day

- Chemical peel, skin needling, mesotherapy and LED treatments on clients
- Covering all treatment areas and ranges
- Case studies and treatment records

Day 3

09:00–18:00

Open salon day

09:00–09:15	Briefing
09:15–13:00	Treatments on clients (summative assessments)
13:00–14:00	Lunch
14:00–14:30	Portfolio check and sign-off by the tutor and assessor
14:30–17:30	VTCT Skills examinations under controlled conditions (durations set by VTCT Skills)
17:30–18:00	Student and tutor evaluation

On the day

- Chemical peel, skin needling, mesotherapy and LED treatments on clients
- Portfolio check by the tutor and assessor
- Examination 1 BT5C3.EX1: UBT508, UBT509 and UBT511
- Examination 2: UBT510
- Examination 3 BT5C3.EX2: UBT512 and UBT513
- Examination 4: UBT514
- Examination 5: UBT515
- Student evaluation
- Tutor evaluation

Equipment	Fully equipped treatment room and couches, treatment equipment and products, PPE, consultation and consent forms, treatment records, camera for before and after photographs.
Safety	Learners to wear PPE as required by industry code of practice. Learners to carry out risk assessments for heat and potential damage. Gloves to be worn for all treatments with exposure to bodily fluids. Only sterile, single-use needles to be used and all sharps disposed of in a sharps container, with an emergency plan and anaphylaxis kit available for every procedure.

Units and assessment

8 units

UBT508	Principles of non-surgical aesthetic procedures (20 guided hours)
UBT509	Client assessment for non-surgical aesthetic procedures (22 guided hours)

UBT510	Advanced skin science for non-surgical aesthetic procedures (32 guided hours)
UBT511	Complication management and emergency plan implementation for non-surgical aesthetic procedures (10 guided hours)
UBT512	Provide advanced chemical peels for skin rejuvenation (25 guided hours)
UBT513	Provide advanced skin needling procedures for skin rejuvenation (25 guided hours)
UBT514	Provide needle mesotherapy procedures for skin rejuvenation and hair restoration (20 guided hours)
UBT515	Provide light emitting diode (LED) phototherapy for skin rejuvenation (20 guided hours)

While you learn

- Online quizzes and module tests
- Written homework
- Tutor feedback on the platform
- Case studies and practical observation in the open salon

Towards your certificate

- Assignments
- Practical observations/assessments
- Case studies
- Portfolio of evidence
- Examination 1 BT5C3.EX1: UBT508, UBT509 and UBT511
- Examination 2: UBT510
- Examination 3 BT5C3.EX2: UBT512 and UBT513
- Examination 4: UBT514
- Examination 5: UBT515

Before you start, and what comes next

Learners must be 18 or over to enrol and hold the VTCT Skills Level 4 Certificate in Advanced Aesthetic Therapies for Skin Rejuvenation or equivalent, and a regulated Level 3 Basic Life Support and Management of Anaphylaxis qualification.

Level 5: Advanced practitioner level, the same level as a foundation degree.

Also required before you start	Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis
Before this course	Level 4 Certificate in Advanced Aesthetic Therapies for Skin Rejuvenation
After this course	Level 7 Certificate in Non-surgical Aesthetic Injectable Procedures; Level 7 Certificate in Non-surgical Aesthetic Injectable Procedures using Botulinum Toxin; Level 7 Certificate in Non-surgical Aesthetic Injectable Procedures using Dermal Fillers; Level 7 Certificate in Non-surgical Aesthetic Injectable Procedures using Skin Boosters; Level 7 Diploma in Non-surgical Aesthetic Injectable Procedures; Level 7 Diploma in Clinical Aesthetic Injectable Treatments
Leads to	Aesthetic practitioner; Level 7 injectables are delivered under the clinical oversight of a regulated prescriber

Fees and dates

Admissions confirms the fee for this course when you ask, and talks you through the ways to pay.

- Pay in full by card or bank transfer.
- Klarna or Clearpay at checkout, subject to their eligibility checks and approval.
- Monthly course finance through our finance partner, subject to status (18+, UK residents).
- Employer funding: we can invoice your employer.

You can enrol on any day. The next practical days are on the course page, and admissions confirms yours when they confirm your place.

Direct government funding for learners (Advanced Learner Loans, Mayor of London Adult Skills Fund) is not available through KCLINICS Academy at present and is not expected before 2028. Monthly course finance and self or employer funding are available now.

Apply, or ask a question

Apply on the course page or talk to admissions first. No payment is taken until your place is confirmed.

The course page:
kclinics.co.uk/academy/courses/level-5-certificate-in-non-surgical-aesthetic-procedures-for-skin-rejuvenation-bt5c3

Call admissions: 020 8050 0750

Email: support@kclinics.co.uk

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